Student with Suicidal Ideation – Immediate Action Guidelines

A student who presents with any level of suicidal ideation requires urgent attention. School faculty/staff should immediately refer student to school psychologist, school counselor, school social worker or administrator. Do not leave student alone if actively suicidal.

Action Plan for school counselor, school psychologist, school social worker or administrator:

1. **Interview student**
   - It is important to assess the student’s level of suicidal ideation by considering intent, plans, means, lethality, availability, and access.
   - Have face-to-face contact with student. If student is at home, call parents and/or police immediately.
   - If student presents as actively suicidal, do not leave student alone and do not send back to class.

2. **Contact the parent or legal guardian.**
   - Legal and ethical guidelines require parent notification. No exceptions.
   - If parent is unavailable and immediate response is needed, call 911 or the UNI Mobile Crisis Team 801-587-3000.
   - Provide community resource information as needed.
     - i. National Suicide Prevention Lifeline 1-800-273-8255
     - ii. SafeUT Mobile App

3. **Complete Record of Parent Notification of Student Threat or Incident form and provide a copy to the school administrator.**

4. **Maintain a record of the incident in case notes.**

5. **Follow up with family/student to plan for appropriate support upon student's return.**

   Call School Psychology Coordinator at 801-826-5163 / 801-580-4706 or School Counseling Program Specialist at 801-826-5096 / 801-560-6537 for support or consultation as needed.