



CANYONS SCHOOL DISTRICT  
NURSING SERVICES

**ACETAMINOPHEN/IBUPROFEN ADMINISTRATION GUIDELINES  
FOR SECONDARY SCHOOLS**

In accordance with approval by Canyons School District Administration and CSD consult physician orders, Acetaminophen (**Tylenol**) or Ibuprofen (**Motrin, Advil**) may be given to students by trained school employees (as designated by the school principal).

**Approved dosages (greater than 88 pounds):**

- Acetaminophen (*Tylenol*): **1-2 tablets (325 mg tablet)**
- Ibuprofen (*Motrin, Advil*): **1-2 tablets (200 mg tablet)**

**Approved dosages (less than 88 pounds):**

- Acetaminophen (*Tylenol*): **1 tablet (325 mg tablet)**
- Ibuprofen (*Motrin, Advil*): **1 tablet (200 mg tablet)**

**Medication may be administered for such complaints as:**

- Occasional headache
- Muscle aches

**Medication should not be administered for:**

- Fever
- Abdominal or chest pain
- Any severe pain or injury
- Recurring health complaints (notify nurse if student is requesting medication several times per week)

**In order to administer these medications to any student, school staff must:**

1. Complete the *CSD Annual Medication Training*.
2. Obtain phone consent from the parent **prior to each time** the medication is administered. (No long-term parental consents are accepted).
3. Administer medication in accordance with *CSD Medication Administration Training* guidelines.
4. Document administration of medication on the *Acetaminophen & Ibuprofen Administration Record*.

Any questions or concerns regarding administration of these medications to any student should be directed to your district nurse.

M. Conover MD  
CSD Consult Physician

3/2/2017  
Date